

# Breakfast Menu Week of October 2<sup>nd</sup> – 6<sup>th</sup>, 2017

## CHELSEA HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pancake Sausage Bites w/ Cheesy Grits</b> <b>OR</b> <b>Bagel w/ Cream Cheese</b> <b>OR</b> <b>Assorted Pastries</b> <b>OR</b> <b>Cereal w/ Toast Milk/Juice/Fruit</b> <b>Sliced Peaches</b>	<b>Sausage Biscuit</b> <b>OR</b> <b>Poptart w/ String Cheese</b> <b>OR</b> <b>Assorted Pastries</b> <b>OR</b> <b>Cereal w/ Toast Milk/Juice/Fruit</b> <b>Chilled Fruit</b>	<b>Bacon Egg 'n Cheese Biscuit</b> <b>OR</b> <b>Yogurt Parfait</b> <b>OR</b> <b>Assorted Pastries</b> <b>OR</b> <b>Cereal w/ Toast Milk/Juice/Fruit</b> <b>Fresh Fruit</b>	<b>Chicken Tender Biscuit</b> <b>OR</b> <b>Cinnamon Roll, Oatmeal &amp; Baked Apples</b> <b>OR</b> <b>Assorted Pastries</b> <b>OR</b> <b>Cereal w/ Toast Milk/Juice/Fruit</b> <b>Banana</b>	<b>TEACHERS WORK DAY</b> <b>NO STUDENTS!</b>
<u>Snack Pack</u> <b>Rice Krispy Treat</b> <b>String Cheese</b> <b>Fruit</b> <hr/> <b>Optional Milk</b> <b>Optional Juice</b> <hr/> <b>Yogurt Parfait, Fruit Bowl or Smoothie</b>	<u>Snack Pack</u> <b>Cereal Bar</b> <b>Cheese Snack</b> <b>Crackers</b> <b>Fruit</b> <hr/> <b>Optional Milk</b> <b>Optional Juice</b> <hr/> <b>Yogurt Parfait, Fruit Bowl or Smoothie</b>	<u>Snack Pack</u> <b>Rice Krispy</b> <b>String Cheese</b> <b>Fruit</b> <hr/> <b>Optional Milk</b> <b>Optional Juice</b> <hr/> <b>Yogurt Parfait, Fruit Bowl or Smoothie</b>	<u>Snack Pack</u> <b>Cereal Bar</b> <b>Cheese Snack</b> <b>Crackers</b> <b>Fruit</b> <hr/> <b>Optional Milk</b> <b>Optional Juice</b> <hr/> <b>Yogurt Parfait, Fruit Bowl or Smoothie</b>	