## Breakfast Menu Week of October 2<sup>nd</sup> – 6<sup>th</sup>, 2017

## CHELSEA HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Sausage	Sausage Biscuit	Bacon Egg 'n	Chicken Tender	
Bites w/	OR	<b>Cheese Biscuit</b>	Biscuit	
<b>Cheesy Grits</b>	Poptart w/ String	OR	OR	
OR	Cheese	Yogurt Parfait	Cinnamon Roll,	
Bagel w/ Cream	OR	OR	Oatmeal & Baked	TEACHERS
Cheese	<b>Assorted Pastries</b>	<b>Assorted Pastries</b>	Apples	WORK
OR	OR	OR	OR	DAY
<b>Assorted Pastries</b>	Cereal w/ Toast	Cereal w/ Toast	<b>Assorted Pastries</b>	NO STUDENTS!
OR	Milk/Juice/Fruit	Milk/Juice/Fruit	OR	
Cereal w/ Toast	<b>Chilled Fruit</b>	Fresh Fruit	Cereal w/ Toast	
Milk/Juice/Fruit			Milk/Juice/Fruit	
Sliced Peaches			Banana	
Snack Pack	<u>Snack Pack</u>	Snack Pack	Snack Pack	
Rice Krispy Treat	Cereal Bar	Rice Krispy	Cereal Bar	
String Cheese	Cheese Snack	String Cheese	Cheese Snack	
Fruit	Crackers	Fruit	Crackers	
Optional Milk	Fruit	Optional Milk	Fruit	
Optional Juice	<b>Optional Milk</b>	Optional Juice	Optional Milk	
Yogurt Parfait, Fruit	Optional Juice	Yogurt Parfait, Fruit	Optional Juice	
Bowl or Smoothie	Yogurt Parfait, Fruit	<b>Bowl or Smoothie</b>	Yogurt Parfait, Fruit	
	Bowl or Smoothie		Bowl or Smoothie	