**Breakfast Menu Week of January 23rd – 27th, 2016**

**Chelsea High**

 **Monday Tuesday Wednesday Thursday Friday**

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| **Sausage Gravy Biscuit****OR****Egg ‘n Cheese Sandwich****OR****Yogurt Parfait****OR****Cereal w/ Toast****Milk/Juice/Fruit****Pineapple** | **Chicken Tender Biscuit****OR****Pancake on a Stick****OR****Yogurt Parfait****OR****Cereal w/ Toast****Milk/Juice/Fruit****Chilled Fruit** | **Sausage Biscuit****Spiced Oatmeal****OR** **Yogurt Parfait****OR****Cereal w/ Toast****Milk/Juice/Fruit****Bananas** | **Sausage Biscuit****OR****Pop Tart w/ String Cheese****OR****Yogurt Parfait****OR****Cereal w/ Toast****Milk/Juice/Fruit****Chilled Fruit** | **Waffle Sticks, Sausage Link****OR****Breakfast Pizza****OR****Cereal w/ Toast****Milk/Juice/Fruit****Applesauce** |
| **Snack Pack** **Rice Krispy Treat****String Cheese****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack** **Nutri Grain Bar****Cheese Snack Crackers****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack **Rice Krispy Treat****String Cheese****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack** **Cereal Bar****Cheese Snack Crackers****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack** **Pop-tart****String Cheese****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** |