**Breakfast Menu Week of January 23rd – 27th, 2016**

**Chelsea High**

**Monday Tuesday Wednesday Thursday Friday**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sausage Gravy Biscuit**  **OR**  **Egg ‘n Cheese Sandwich**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Pineapple** | **Chicken Tender Biscuit**  **OR**  **Pancake on a Stick**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** | **Sausage Biscuit**  **Spiced Oatmeal**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Bananas** | **Sausage Biscuit**  **OR**  **Pop Tart w/ String Cheese**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** | **Waffle Sticks, Sausage Link**  **OR**  **Breakfast Pizza**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Applesauce** |
| **Snack Pack**  **Rice Krispy Treat**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Nutri Grain Bar**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack  **Rice Krispy Treat**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Cereal Bar**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Pop-tart**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** |