**Breakfast Menu Week of December 5th – 9th, 2016**

**Chelsea High**

 **Monday Tuesday Wednesday Thursday Friday**

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| **Sausage Biscuit****OR****Egg & Cheese Sandwich****OR****Yogurt Parfait****OR****Cereal w/ Toast****Milk/Juice/Fruit****Chilled Fruit** | **Chicken Tender Biscuit****OR****Cinnamon Roll, Oatmeal & Apples****OR****Cereal w/ Toast****Milk/Juice/Fruit****Pineapple** | **French Toast Sticks w/ Sausage Links****OR****Yogurt Parfait****OR****Cereal w/ Toast****Milk/Juice/Fruit****Chilled Fruit** | **Sausage Biscuit****Cheesy Grits****OR****Yogurt Parfait Bar****OR****Cereal w/ Toast****Milk/Juice/Fruit****Applesauce** | **Breakfast Bagel****OR****Mini Breakfast Pizzas****OR****Cereal w/ Toast****Milk/Juice/Fruit****Chilled Fruit** |
| Snack Pack **Rice Krispie****String Cheese****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack **Cereal Bar****Cheese Snack Crackers****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack **Pop-Tart****String Cheese****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack** **Rice Krispy Treat****Cheese Snack Crackers****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack** **Nutri Grain Bar****Gripz****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** |