**Breakfast Menu Week of October 17th – 21st, 2016**

**Chelsea High**

**Monday Tuesday Wednesday Thursday Friday**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sausage Gravy Biscuit**  **OR**  **Egg & Cheese Sandwich**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** | **Pop Tart w/ String Cheese**  **OR**  **Chicken Tender Biscuit**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Pineapple** | **Breakfast Pizza**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** | **Sausage Biscuit**  **OR**  **Yogurt Parfait Bar**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Applesauce** | **Breakfast Bagel**  **OR**  **Biscuit w/ Jelly Cheesy Grits**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** |
| Snack Pack  **Rice Krispie**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack  **Cereal Bar**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack  **Pop-Tart**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Rice Krispy Treat**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Nutri Grain Bar**  **Gripz**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** |