**Breakfast Menu Week of September 5th – 9th, 2016**

**Chelsea High**

**Monday Tuesday Wednesday Thursday Friday**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Breakfast Bagel w/ Southern Grits**  **OR**  **Sausage Biscuit**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** | **French Toast Sticks**  **w/ Sausage Links**  **OR**  **Yogurt Parfait Bar**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Fresh Fruit** | **Chicken Biscuit**  **OR**  **Chocolate Poptart w/ String Cheese**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Pineapple Tidbits** | **Sausage Gravy Biscuit**  **OR**  **Breakfast Pizza**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** |
|  | Snack Pack  **Nurti Grain Bar**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack  **Rice Krispy Treat**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Cereal Bar**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Pop-Tart**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** |