**Breakfast Menu Week of September 5th – 9th, 2016**

**Chelsea High**

 **Monday Tuesday Wednesday Thursday Friday**

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|  | **Breakfast Bagel w/ Southern Grits****OR****Sausage Biscuit****OR****Cereal w/ Toast****Milk/Juice/Fruit****Chilled Fruit** | **French Toast Sticks** **w/ Sausage Links****OR****Yogurt Parfait Bar****OR****Cereal w/ Toast****Milk/Juice/Fruit****Fresh Fruit** | **Chicken Biscuit****OR****Chocolate Poptart w/ String Cheese****OR****Cereal w/ Toast****Milk/Juice/Fruit****Pineapple Tidbits** | **Sausage Gravy Biscuit****OR****Breakfast Pizza****OR****Cereal w/ Toast****Milk/Juice/Fruit****Chilled Fruit** |
|  | Snack Pack **Nurti Grain Bar****Cheese Snack Crackers****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack **Rice Krispy Treat****String Cheese****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack** **Cereal Bar****Cheese Snack Crackers****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack** **Pop-Tart****String Cheese****Fruit****Optional Milk****Optional Juice****Yogurt Parfait, Fruit Bowl or Smoothie** |