**Breakfast Menu Week of September 26th – 30th, 2016**

**Chelsea High**

**Monday Tuesday Wednesday Thursday Friday**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sausage Biscuit**  **OR**  **Mini Pancakes**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Fruit Cocktail** | **Apple or Cherry Frudel**  **OR**  **Sausage Biscuit**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** | **Ham & Cheese Croissant w/ Hashbrowns**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Bananas** | **Chicken Biscuit**  **OR**  **Mini Pancakes**  **OR**  **Yogurt Parfait**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Fresh Fruit** | **Pig in a Blanket w/ Spiced Oatmeal**  **OR**  **Breakfast Pizza**  **OR**  **Cereal w/ Toast**  **Milk/Juice/Fruit**  **Chilled Fruit** |
| **Snack Pack**  **Rice Krispy Treat**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Nutri Grain Bar**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | Snack Pack  **Rice Krispy Treat**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Cereal Bar**  **Cheese Snack Crackers**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** | **Snack Pack**  **Pop-tart**  **String Cheese**  **Fruit**  **Optional Milk**  **Optional Juice**  **Yogurt Parfait, Fruit Bowl or Smoothie** |